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WWW.AIKM.IT

PRESENTS

ADVANCED SEMINAR KRAV-MAGA «THE ISRAELI COMBAT SYSTEM»

KRAV MAGA POLICE – KAPAP – MILITARY

M.A.D. METODO ANTIAGGRESSIONE DONNA (KRAV MAGA WOMAN SELF DEFENCE)



LONDON

(ENGLAND)





At Qi Kwan Do School LONDRA - Tell: 00441462453672

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Sito Web: http://www.gikwando.com - email: gm@qikwando.com

ON THE SEMINAR MASTER ROSARIO CITARDA: MASTER TEACHER ROSARIO CITARDA - President and Chief Instructor of the Italian Federation Aikm Italian Academy of Krav Maga — Wtka Italia Krav Maga — National Responsible CSEN of Krav Maga , Instructor of Personal Defense and the Techniques of Disarmament and Operating of the Italian State Police, specialist in Krav Maga Advanced — Krav Maga Police — Kapap — Military — President of the Italian National Federation M.A.D. Woman Anti Aggression Method(Krav Maga Woman Self Defence). The World Champion of WTKA Security Self Defence e Street Self Defence.

Info Master Teacher Rosario Citarda: www.aikm.it

THE EVENT IS OPENED TO ALL PEOPLES, TO ALL SCHOOLS AND FEDERATIONS OF ENGLAND

The General Program of the Event:

Friday, October 13, 2017: The seminar M.A.D. Woman Anti Aggression Method



(Krav Maga Woman Self Defence) www.aikm.it . An exclusive system designed and developed for women, simple, quick, efficient and intuitive. The objective of our Seminars M. A. D. is to develop in WOMEN the mentality of the fighters, especially defensive, is used an effective method of self defense that does't require excessive physical strength, the fundamental element on which a

woman can almost never count, especially if attacked by a man, We will then teach you strategies to not consider or recognize you as "Easy to Take or Potential Victims", and to recognize all the danger signs, But above all to avoid falling into dangerous traps through certain warning signals. Will be taught numerous defense techniques to women with bare hands, with weapons, on the ground and on their feet, but above all the techniques of defence with a blunt object.

Time of the Seminar: 10,00/13,00 - 15,00/18,00

Saturday, October 14, 2017: Advanced Seminar of Krav Maga Police – Kapap – Military <u>www.aikm.it</u> "Operative Techniques Israel Police". Exclusive and unique system in the world G.S.P. Global System Police, will treat many retention techniques of the weapon, stopping and arrest techniques, immobilization with handcuffing and transport of the arrested, the personal searches, short-range weapon defense techniques, cutting weapon and bare hands ...!















Time of the Seminar: 10,00/13,00 - 15,00/18,00

Clothingfor Seminar:

Mesh – Pants Military Tactical- Belt Operating – Handcuffs.

Sunday, October 15, 2017: Krav Maga high-level seminar, Professional and Advanced, with updated Israeli system of physical training (Fitness in Krav Maga), but, above all, will be presented the new concatenated sequences of percussion body-to-body 360°degree, with the biomechanics of the highest quality and innovative, In particular, time will be devoted to the study of timing in personal defense, according to the various circumstances of advance and delay of each single technique. The Special of Krav Maga "Knife" – "Gun "and "Stick", the Krav Maga Vip Protection with Weapons and bare hands.

Time of the Seminar: 10,00/13,00 - 15,00/18,00













THE COST OF THE SEMINAR

SINGLE STAGE £40,00

SEMINAR COMPLETE £100,00

>>>>> Obligation to submit on-site for each single stage at least 1 hour before, for registration practices <<<<<

ATTENTION !!! BOOKING TO EVENT IS OBLIGATORY
THE REFORE IT WILL NOT BE POSSIBLE TO MAKE ANY
NOTIFICATION ON THE SAME DAY OF THE STAGE!





facebook

Twitter: Rosario Citarda (https://twitter.com/AikmKravMaga)

You Tube: Aikm Italia – or: Master Teacher Rosario Citarda

Facebook: Krav Maga Video Aikm - or: Rosario Citarda

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